



**MALE PATIENT INFORMATION**

**BIO-IDENTICAL HORMONE  
REPLACEMENT THERAPY (BHRT)**

Date: \_\_\_\_\_

Name: \_\_\_\_\_

Last

First

Middle

Date of birth: \_\_\_\_\_ (MM/DD/YYYY) SS#: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

Street Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Reliable Phone Number: \_\_\_\_\_

E-mail: \_\_\_\_\_

Employer: \_\_\_\_\_

Employer Street Address: \_\_\_\_\_

Employer City, State, Zip: \_\_\_\_\_

Business Phone Number: \_\_\_\_\_

Marital Status (circle): Married Divorced Single Widow Living with Partner

Spouse/Partner Name: \_\_\_\_\_

Spouse/Partner Phone Number: \_\_\_\_\_

In Case of Emergency Please Contact: \_\_\_\_\_

Relationship: \_\_\_\_\_ Contact Phone Number: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Louisville Lifestyle Medicine**

3012 Eastpoint Parkway Louisville KY 40223

502.365.4545 P 502.365.4546 F [www.louisvillelifestylemedicine.com](http://www.louisvillelifestylemedicine.com)

Please describe you symptoms and reason for appointment:

---

---

---

---

---

---

---

---

---

---

What are you hoping to improve in your lifestyle:

---

---

---

---

---

---

How did you hear about us? \_\_\_\_\_

---

---

**SYMPTOMS**

Are you suffering from any of the following:

Fatigue?	YES	NO
Decrease of Memory?	YES	NO
Decrease in Energy Level?	YES	NO
Decrease in Sexual Desire?	YES	NO
Anxiety?	YES	NO
Irritability?	YES	NO
Depression?	YES	NO

Mood Swings? YES NO

Migraines/Headaches? YES NO

Memory Loss? YES NO

Decrease in muscle? YES NO

Unclear Thinking? YES NO

How have you dealt with the above symptoms? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Is your sex drive similar as it was five years ago? YES NO

Do you have any sexual dysfunction? YES NO

Have you experienced weight gain in the last 1-2 years? YES NO  
If yes, please explain \_\_\_\_\_

Have you lost more than 10 pounds in less than a month? YES NO  
If yes, please explain \_\_\_\_\_

Are you HIV positive? YES NO

Do you have biological children? YES (How many? \_\_\_\_\_) NO

Have you had your testosterone level determined in the past? YES NO  
If yes, why? \_\_\_\_\_

Sexual Orientation? (circle) Heterosexual Homosexual Bisexual

## SOCIAL/WELLNESS HISTORY

Do you smoke cigarettes?    YES    NO    USED TO

If yes, please indicate the number of cigarettes you smoke(d) per day on average: \_\_\_\_\_

Please list the number of years you have/had been smoking: \_\_\_\_\_ years

Do you use recreational drugs?    YES    NO

Do you drink alcohol?    YES    NO

If yes, what type of alcohol do you drink? \_\_\_\_\_

How many drinks per week, on average, do you drink? \_\_\_\_\_

Are you using any form of Testosterone or Hormone Therapy?    YES    NO

If yes, please circle which type:

Gel                  Cream                  Shots                  Pellets                  Other

How many hours of sleep do you get a night? \_\_\_\_\_ hours

How often does your sleep during the night get interrupted:

Never                  Rarely                  Often                  Can't Keep Count

## MEDICAL HISTORY

Do you have diabetes?    YES    NO

Do you have or have you ever had hypertension?    YES    NO

Do you have heart disease?    YES    NO

Have you ever had a heart attack?    YES    NO

Have you ever had a stroke?    YES    NO

Do you have a heart murmur?    YES    NO

Do you have or have you ever had kidney disease?    YES    NO

Have you ever been treated for a psychiatric disorder? YES NO

If yes, please name the disorder: \_\_\_\_\_

Have you ever had rheumatic fever? YES NO

Do you have mitral valve prolapse? YES NO

Have you ever had a urinary tract infection? YES NO

Have you ever had hepatitis? YES NO

If yes, please circle which type:

Hepatitis A                  Hepatitis B                  Hepatitis C                  Other

Have you ever had liver disease? YES NO

Have you ever had varicose veins? YES NO

Have you ever had phlebitis? YES NO

Do you have any thyroid problems? YES NO

If yes, please circle the symptoms:

Low Function                  Overactive                  Goiter                  Hashimoto's

Have you ever had a blood transfusion? YES NO

Do you have asthma, emphysema or chronic bronchitis? YES NO

Do you have or have you ever had leukemia? YES NO

If yes, are you currently undergoing any treatment? YES NO

Please circle the type of treatment:                  Surgery                  Radiation

Do you have or have you ever had lymphoma? YES NO

If yes, are you currently undergoing any treatment? YES NO

Please circle the type of treatment?                  Surgery                  Radiation

Do you have or have you ever had colon cancer? YES NO

If yes, are you currently undergoing any treatment? YES NO

Please circle the type of treatment:                  Surgery                  Radiation

Do you have or have you ever had colon polyps? YES NO

If yes, are you currently undergoing any treatment? YES NO

Do you have or have you ever had multiple myeloma? YES NO

If yes, are you currently undergoing any treatment? YES NO

Do you have or have you ever had lung cancer? YES NO

If yes, are you currently undergoing any treatment? YES NO

Do you have or have you ever had rectal cancer? YES NO

If yes, are you currently undergoing any treatment? YES NO

Please circle the type of treatment: Surgery Radiation

Do you have any drug allergies? YES NO

If yes, please list the drugs you are allergic to: \_\_\_\_\_

\_\_\_\_\_

Please list all major surgeries/hospitalizations (including year and reason):

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Have you ever had any anesthesia complications? YES NO

If yes, please explain: \_\_\_\_\_

\_\_\_\_\_

Are you currently or have you ever been anemic? YES NO

Have you had any blood problems? YES NO

Do you have a Family Physician? YES NO

Please list the name of the physician and a number where they may be reached:

Physician Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Are you currently taking any medications? YES NO

Please list the medications and dosage you are currently taking:

\_\_\_\_\_

---

---

---

Have you ever had your cholesterol checked? YES NO

If yes, what was the date it was last checked: \_\_\_\_\_

How was your cholesterol? Low Normal High

Do you have arthritis? YES NO

If yes, what type: \_\_\_\_\_

Do you have lupus? YES NO

Do you have scleroderma? YES NO

Do you have arthritis? YES NO

Have you had blood clots in your legs or lungs? YES NO

Have you had any major accidents? YES NO

If yes, explain: \_\_\_\_\_

Do you have osteopenia? YES NO

If yes, how was it treated: \_\_\_\_\_

---

Do you have osteoporosis? YES NO

If yes, how was it treated: \_\_\_\_\_

---

Do you suffer from hair loss? YES NO

Do you suffer from acne or have you? YES NO

## FAMILY HISTORY

Do you have a family history of breast cancer?    YES    NO

If yes, what family member(s)? \_\_\_\_\_

Do you have a family history of colon cancer?    YES    NO

If yes, what family member(s)? \_\_\_\_\_

Do you have a family history of osteoporosis?    YES    NO

If yes, what family member(s)? \_\_\_\_\_

Do you have a family history of diabetes?    YES    NO

If yes, what family member(s)? \_\_\_\_\_

Do you have a family history of hypertension?    YES    NO

If yes, what family member(s)? \_\_\_\_\_

Do you have a family history of heart disease?    YES    NO

If yes, what family members? \_\_\_\_\_

Do you have a family history of kidney disease?    YES    NO

If yes, what family member(s)? \_\_\_\_\_

**Louisville Lifestyle Medicine**

12418 LaGrange Road #145, Louisville, KY 40245

502.365.4545 P 502.365.4546 F [www.louisvillelifestylemedicine.co](http://www.louisvillelifestylemedicine.co)